

EYFS PSHE FRAMEWORK

	Knowledge and Skills	Vocabulary
Relationships Education		Hand washing
Families and People who care for me & Caring Friendships	Names the people who they live with and their relationships to them. Forms positive relationships with adults and children. Can name and talk about behaviours that keep us safe and happy in school and home. Knows how to get help if somebody upsets or hurts them.	Brushing teeth Clean Germs Boy Girl Same
Respectful Relationships	Plays co-operatively with others, sharing and taking turns. Has own ideas/opinions and the confidence to talk about these with trusted people. Knows that their actions/words affect others. Knows that people are all different and enjoy different things. Can name something that makes them special.	Different Face Hair Skin Happy Sad Scared
Relationships	Recognises, offline, that anyone can say 'no' / 'please stop' / 'I'll tell' / 'I'll ask' to somebody who makes them feel sad, uncomfortable, embarrassed or upset.	Angry Stranger Sharing
Being Safe	Know some ways to keep safe in the classroom and playground, including safe use of resources. Knows who and how to ask for help if something is upsetting or hurting them. Can explain what a stranger is. Recognises the potential danger that strangers can pose.	Technology – computer, tablet, phone. Healthy Fruit Vegetables Exercise Safety
Physical Health and Mental Well-being		Key jobs – police officer, shop worker, librarian, fire service, paramedic, doctor, teacher.
Mental Wellbeing	Names basic emotions and can recognise some actions which demonstrate these emotions, such as crying or smiling.	
Physical Health and Fitness, Healthy Eating & Health and Prevention.	Can identify some foods that contribute to being healthy. Can identify some foods that are not as healthy. Knows that regular exercise keeps us healthy. Knows how to keep clean and why this is important – brushing teeth, washing hands, bathing.	
Drugs, Alcohol and Tobacco	Knows how to take risks and manage their own safety. Knows how to get help if they need it.	
Basic First Aid	Recognises an emergency situation and can call for help – including calling 999.	
Changing Adolescent Body	Understands that their body belongs to them. Understands that certain parts of their bodies are private – NSPCC PANTS rule. - summer	
Careers, Financial capability and economic well-being.	Can identify some key jobs/roles in their community. Knows that we use money to buy things.	

(ongoing through year)

Demonstrate kind behaviour.

Listen appropriately.

Children know how and where to get help if they need it.