

Dance Overview 2022-2023

Nursery:

- Use imagination in dance activities
- Move in time with music
- Develop awareness of the body parts and joints

Reception:

- Copying and repeating dance actions
- Demonstrate appropriate response to stimuli
- Exploring and developing control of movement

Year 1:

- Demonstrate good spatial awareness
- Perform short dances with good movement memory and sense of audience
- Develop actions in terms of dynamics and space with a partner.
- Respond imaginatively to a range of stimuli

Year 2:

- Link actions to create short phrases and sequences
- Perform a range of actions with control, co-ordination and body tension
- Demonstrate good special awareness when dancing alone and with others
- Respond imaginatively to a range of stimuli as starting points for dance

Year 3

- Imaginatively explore different actions in response to dance ideas
- Select and develop appropriate actions using dynamics and space alone and with a partner
- Perform a range of actions with control and co-ordination
- Describe and interpret what they see do and feel using appropriate dance language

Year 4

- Show clear beginnings, middles and endings and the use of repetition in composition
- Contribute dance ideas in twos, threes and small groups and listen to other peoples' ideas
- Show spatial awareness and sensitivity to other dancers
- Respond to feedback and know how to improve performance and composition

Year 5

- Confidently and imaginatively respond to and research a range of dance ideas
- Select appropriate action/space/dynamics to create motifs and phrases that express thoughts, ideas and feelings
- Perform a range of actions with control and co-ordination
- Give feedback to others that's reflects success criteria

Year 6

- Select and develop actions using a range of dynamic, spatial and relationship tools to create more complex dance phrases and short dances
- Perform and compose expressively using dynamic qualities to illustrate a dance idea
- Confidently perform work created by self and peers with focus and projection for an audience
- Confidently lead warm up exercises with good phrasing and timing