



Menu

Week Beginning Monday 18th July 2022



(apologies in advance: some changes may occur from time to time due to seasonal availability or unforeseen circumstances)

Allergens are highlighted in red

Monday

Main Meal—Meat Free Monday

cold lemon pasta with secret courgette and parmesan sprinkles

Side of.....chunky salad

pudding....Pandanus leaf infused cold rice pudding or fresh fruit

Allergens
milk— gluten-sulphates

Tuesday

Main Meal—Choose from
cold sticky chicken or warm veggie patty

Side of.....cold couscous salad, lentil and pea salad with chunky fresh vegetables

pudding....Rice pudding or fresh fruit

Allergens
gluten—milk

Wednesday

Main Meal—Without Meat Wednesday

Chinese style cold noodles with white beans and vegetables

pudding....Greek yogurt and home-made granola

Allergens
lupin-milk-gluten-sulphates

Thursday

Main Meal—Choose from

cold pesto pasta salad with new potatoes and fine green beans

Side of.....crunchy salad

pudding....fresh fruit

Allergens
gluten

Friday

Main Meal:

Pork sausage or veggie sausage in a hotdog bun, ketchup and mustard

pudding....ice-cream in a cone

Allergens
lupin—milk—gluten