

# Year 4 - Holy Trinity

Friday 3<sup>rd</sup> April

ENGLISH	SPaG	MIND UP / ZONES OF REGULATION
<p>LO 1: To use a subordinate clause at the start of a sentence.</p> <p><b>Task 1 &amp; 2:</b> Complete the grammar activity on subordinate clauses.</p> <p><b>Task 3:</b> Reading Comprehension with a musical twist.</p>	<p>LO 1: To spell the /i/ sound spelt y elsewhere than at the end of words.</p> <p>LO 2: To increase vocabulary</p> <p><b>Task 1:</b> Spelling test</p> <p><b>Task 2:</b> Word of the week</p>	<p>LO: To understand that it is natural and expected to experience all of the zones given different situations.</p> <p><b>Task 1:</b> Brain break</p> <p><b>Task 2:</b> Scenarios</p> <p><b>Task 3:</b> Draw or take a picture of yourself in each of the zones</p> <p><i>Extra: Watch the movie, 'Inside Out'</i></p>

Daily Reading 15 minutes

## ENGLISH

Here are 10 of the most common subordinating conjunctions.

If	Since	As	When	Although
While	After	Before	Until	Because

A subordinate clause (a sentence with a subordinate conjunction) can sometimes come at the START of a sentence and adds extra information. When a subordinate clause is at the START of a sentence, you must always add a comma.

Here are some examples:

- Because it was raining, I put on my coat.
- After we have breakfast, we will go to school.
- As it is raining, we must stay inside.
- When you get home from school, you need to clean your room.
- Although the weather was nice, we had to stay indoors.

Video to help remind you: <https://www.bbc.co.uk/bitesize/topics/zwwp8mn/articles/zqk37p3>

**Task 1:** Complete these sentences by adding a subordinate clause at the START of the sentence. The first one has been done for you.

	Subordinate clause	Independent clause
1.	Before we cook dinner,	we will go to the shops.
2.		put on your coat.
3.		I'd love a slice of cake.
4.		I was eating my dinner.
5.		you should sit down.
6.		put a tick next to it.

## Task 2: Match the subordinate clause with the most appropriate independent clause.

- |                                 |   |
|---------------------------------|---|
| While we were eating dinner,    | the test probably would have been easier. |
| Unless it is raining,           | I lost my homework.                       |
| While walking to school,        | the doorbell rang.                        |
| Because it is a really hot day, | we are going on a school trip.            |
| If I had practised more,        | you will need to water the garden today.  |

## Task 3: Reading Comprehension

- Watch the song:  
<https://www.youtube.com/watch?v=LOMK7qz13bU>



### Background information:

At the very beginning of the film, we learn that there are two sisters, princesses, who share a deep love for each other. However, everything goes wrong when Elsa, the older sister, accidentally freezes her younger sister Anna's head while using her magical powers to create an indoor winter wonderland. The princess' parents rush Anna off to be healed by some trolls. Unfortunately, all memory of Elsa's powers must be swept from Anna's mind in order for her to be healed, so Anna has no memory of what has occurred. After the event, Elsa is kept away from Anna so that she won't hurt her again, and in the years of separation that follow, a rift grows between them. Unfortunately, before too long, calamity strikes again and the girls' parents are lost at sea.

When Elsa comes of age, it is time for her coronation. During the course of the festivities, Anna falls in love with and is engaged to the impressive Prince Hans. Elsa, however, believes the two are acting too hastily, and won't allow it. In the ensuing fight, Elsa's powers are accidentally exposed. She then loses her composure and her ability to control her powers, resulting in a massive snow storm and eternal winter that freezes the entire kingdom.

Having lost all self control, hurting many people and their livelihoods, she storms into the mountains and begins singing "Let It Go" as she builds a castle of ice.

Frozen - Let it go

The snow glows white on the mountain  
tonight  
Not a footprint to be seen  
A kingdom of isolation  
And it looks like I'm the queen  
The wind is howling like this swirling storm  
inside  
Couldn't keep it in, heaven knows I've tried  
Don't let them in, don't let them see  
Be the good girl you always have to be  
Conceal, don't feel, don't let them know  
Well, now they know

Let it go, let it go  
Can't hold it back anymore  
Let it go, let it go  
Turn away and slam the door  
I don't care what they're going to say  
Let the storm rage on  
The cold never bothered me anyway  
Let it go, let it go  
Can't hold it back anymore  
Let it go, let it go  
Turn away and slam the door  
Let it go (go, go, go go, go go, go go, go, go)  
Let it go  
Let it go  
Let it go

It's funny how some distance makes  
everything seem small

And the fears that once controlled me  
can't get to me at all  
It's time to see what I can do  
To test the limits and break through  
No right, no wrong, no rules for me  
I'm free

Let it go, let it go  
I am one with the wind and sky Let it go,



You'll never see me cry  
Here I stand and here I stay Let the  
storm rage on

My power flurries through the air into the  
ground  
My soul is spiralling in frozen fractals all  
around

And one thought crystallizes like an icy  
blast  
I'm never going back, the past is in the  
past

Let it go  
Let it go, let it go  
And I'll rise like the break of dawn Let it  
go, let it go  
That perfect girl is gone  
Here I stand in the light of day Let the  
storm rage on

The cold never bothered me anyway

Comprehension questions - some of these are tricky, just try your best and have fun!

1. What does the lyric 'not a footprint to be seen' tell us?
2. What verb is used to describe the wind?
3. What is Elsa letting go?
4. Why does Elsa choose the word 'slam' instead of close?
5. Why do you think the cold has never bothered Elsa?
6. What verb is used when Elsa talks about her powers? What does it mean?
7. Where is she never going back to?

SPaG

### **Task 1: Spelling**

Ask a family member to test you on your spelling words from last week in random order. Any words you got incorrect, practise writing again these 3x.

### **Task 2: Vocabulary**

Below

## Vocabulary

The word of the week is:

**Monstrous**

1. How many sounds? Break the word into individual sounds. Be careful of silent letters!
2. What is the first sound?
3. What is the last sound?
4. How many syllables Use chin bumps or claps.
5. What does the word mean (definition)?
6. Is the word a noun, verb, adjective or adverb?
7. Use the word in a sentence
8. Synonyms (words that mean the same)
9. Antonyms (words that mean the opposite)
10. Draw a picture of the word



WORD  
of the  
WEEK

# monstrous

frightful or hideous  
in appearance

e.g. The creature was monstrous,  
with sharp claws and  
fiery breath.



1. Take a brain break <https://mindup.org.uk/mindup-activities/>

Over the last term, Year 4 have been learning about four zones that we use to describe how our brain and body feels.

## The **ZONES** of Regulation®

			
<b>BLUE ZONE</b> Sad Sick Tired Bored Moving Slowly	<b>GREEN ZONE</b> Happy Calm Feeling Okay Focused Ready to Learn	<b>YELLOW ZONE</b> Frustrated Worried Silly/Wiggly Excited Loss of Some Control	<b>RED ZONE</b> Mad/Angry Mean Terrified Yelling/Hitting Out of Control

2. Read the scenarios below and decide what zone you might be in.

All the zones are okay and they will be experienced given circumstances that change how we feel. In the classroom and at home you can experience all of these zones.

3. Draw a picture or take a photo of you in each zone.

4. If you can, watch the movie *Inside Out* as it is a great example of how our behaviour is influenced by our emotions.

Your parent tells you that someone close to you passed away.

You turn on the TV and find out a war has broken out.

You experience a natural disaster (large earthquake, tornado, flood, hurricane).

You break your leg in P.E. class.

You are playing a competitive game.

You found out that you won the lottery.

You just woke up in the morning.

You are home with nothing to do.

You can't find your assignment you worked hard on.

You are sitting with your family at the dinner table.

Your pet is missing.

You got the flu.