

# EVERYTHING IS INTERESTING

MIND & BODY EXPLORATIONS  
TO LIVEN UP THE WEEK



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IS INTERESTING**

## Hello Parents and Children!

I hope everything is going OK - both generally, and with your Home Learning.

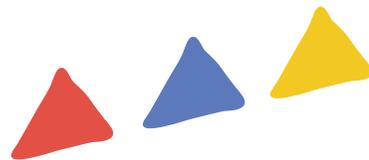
For those of you who would like to do a little bit more, we've come up with some ideas for extra activities to keep your child's brain ticking over. The idea is that they provide a starting point for stimulating explorations and thoughts, helping to make the most of lockdown.

**DON'T PANIC - they're intended to be fun and educational things for those that want it, not EXTRA HOME LEARNING!**

New explorations will be given on a weekly basis; make sure you upload any photos or videos on or email your class teacher [classdojo.com](https://www.classdojo.com).

## How to Explore

1. Explore in any order
2. All are open to interpretation
3. Feel free to add alter or ignore
4. There are no rules, merely suggestions
5. Treat everything as an experiment
6. Start with whatever gives you the most excitement



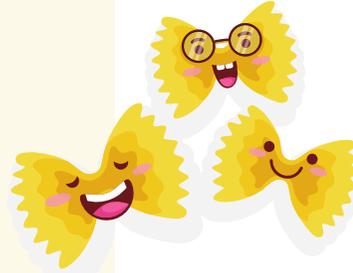
## Cooking with Katie

Follow a step-by-step guide to make a very simple 'store cupboard' pasta meal.

With or without parental guidance (depending on age/year, but definitely with parental permission).

Access the recipe and method through the school Instagram account:

[instagram.com/christchurchschoolkitchen](https://www.instagram.com/christchurchschoolkitchen)



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## Computer World

Discuss with your family and or sibling:

How would life change if mobile phones did not exist? Would life be better or not?



## Animal Magic

Learn about eight species that have mastered social distancing:

[theguardian.com/environment/gallery/2020/apr/15/self-isolating-animals-species-social-distancing-wwf?](https://www.theguardian.com/environment/gallery/2020/apr/15/self-isolating-animals-species-social-distancing-wwf?)

(Reception to Year 3 may need some support reading the information. The article includes wonderful photographs.)



## St. George's Day

St George's Day is celebrated on 23rd April and is a very special national day. St George is England's patron saint (you may have learnt this in your RE lesson this week) and April 23<sup>rd</sup> is the anniversary of his death.

These websites explain the story (some have activities too):

YR-Y3:

[learnenglishkids.britishcouncil.org/short-stories/george-and-the-dragon](http://learnenglishkids.britishcouncil.org/short-stories/george-and-the-dragon)

Y4 – Y6 (parental support may be needed):

[english-heritage.org.uk/visit/whats-on/st-georges-day/](http://english-heritage.org.uk/visit/whats-on/st-georges-day/)

Y5-Y6:

[youtube.com/watch?v=2V8A4btHJNc](https://www.youtube.com/watch?v=2V8A4btHJNc) Y5-Y6

Think about changing the end of the story: Could the princess have saved herself and, if so, how? Could the dragon have survived? Maybe George and the princess could have worked as a team to save each other? If this had happened, then what would England's National Day be called now?



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## Sant Jordi Day

April 23rd is very special in Spain too. It is Sant Jordi (sometimes called San Jorge) Day. This date also marks when Miguel de Cervantes, a famous Spanish writer, died. Celebrate by making a beautiful bookmark.

If you want, you can watch the following video about Sant Jordi/San Jorge:

[youtube.com/watch?v=0-rNpw-L3MM](https://youtube.com/watch?v=0-rNpw-L3MM)



## Musical Mayhem!

Can you make up a song about your favourite food? Or your favourite meal? It can be very short, or longer if you like.

Maybe you'd like to write it down, or perform the song to somebody? You need your voice and/or some instruments, maybe some paper to write it down, and some creativity!

## Shakespeare's Birthday

In England, April 23rd is not only St George's Day, but also the day we celebrate the life of England's most famous playwright, poet and actor, William Shakespeare.

*Find out about Shakespeare and about life in Tudor times.*

*You might make a factfile or even write a poem or a play of your own.*

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### **All about Shakespeare:**

[youtube.com/watch?v=c3RyQxEpMmY](https://www.youtube.com/watch?v=c3RyQxEpMmY)

[bbc.co.uk/bitesize/topics/z7d7gwx/articles/zrxwy9q](https://www.bbc.co.uk/bitesize/topics/z7d7gwx/articles/zrxwy9q)

[bbc.co.uk/teach/class-clips-video/english-ks2-introducing-shakespeare/zfr3cqt](https://www.bbc.co.uk/teach/class-clips-video/english-ks2-introducing-shakespeare/zfr3cqt)

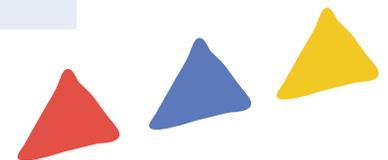
[youtube.com/watch?v=AhEQDKZxvZY](https://www.youtube.com/watch?v=AhEQDKZxvZY)



### **You could also watch the Cbeebies adaptations of two of Shakespeare's plays:**

[bbc.co.uk/iplayer/episode/b078jltg/cbeebies-presents-a-midsummer-nights-dream](https://www.bbc.co.uk/iplayer/episode/b078jltg/cbeebies-presents-a-midsummer-nights-dream)

[bbc.co.uk/iplayer/episode/b09xjby9/cbeebies-presents-cbeebies-the-tempest](https://www.bbc.co.uk/iplayer/episode/b09xjby9/cbeebies-presents-cbeebies-the-tempest)



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## Art in Action!

Make a thank you card for someone in your family who deserves it. Add a message inside. Make it look and sound as special as they are. Perhaps it could have a pop-up mechanism? You could use recycled materials...



## Design

Draw a flag which represents your family. It might include colours, hobbies, interests, places, food and symbols.

## MindUp / Brain Break

Children and or Parents to do together:  
[mindup.org/brain-break-at-home](http://mindup.org/brain-break-at-home)

Parents/carers to watch:  
[mindup.org/mindup-at-home-intro](http://mindup.org/mindup-at-home-intro)

## Sporting Skills with Mr Henwood

Keep your PE skills sharp with Mr Henwood's weekly video clips.  
[youtube.com/user/DHenwood84](https://www.youtube.com/user/DHenwood84)

