



Menu

Weeks Beginning 9th & 30th March

(apologies in advance: some changes may occur from time to time due to seasonal availability or unforeseen circumstances)

Monday

Main Meal—Meat Free Monday

Rich tomato and vegetable pasta

Side of.....roasted broccoli and parmesan sprinkles

Pudding....crème fraiche and Greek yogurt fruit fool

Tuesday

Main Meal—Choose from

Free range roasted chicken or veggie sausage, drizzled in a sticky, lemongrass infused, honey and garlic sauce

Side of.....sticky Jasmine rice, sweetcorn and sautéed kale

Pudding....fresh seasonal fruit

Wednesday

Main Meal—Without Meat Wednesday

Baked cauliflower and split pea super mild curry

Side of.....fluffy rice and a fresh tomato, cucumber and coriander chutney

Pudding....Arborio rice pudding sweetened with dates and nutmeg

Thursday

Main Meal—Choose from

Bavette steak strips with mushrooms and onions, or cheese and onion pastry

Side of.....oven baked fresh potato chips and a crispy, fresh salad

Pudding....seasonal fresh fruit salad

Friday

Main Meal

Fresh salmon, cream cheese, fresh dill, lemon and capers, individual puff pastries

A side ofboiled and buttery new potatoes, sweetcorn or peas

Pudding....gingerbread rectangles