



Menu



Weeks Beginning 2nd & 23rd March

(apologies in advance: some changes may occur from time to time due to seasonal availability or unforeseen circumstances)

Monday

Main Meal—Meat Free Monday

Black bean and kidney bean mild chilli

Side of.....hasselback potatoes, sweetcorn and mozzarella cheese

Pudding....crème fraiche and Greek yogurt fruit fool

Tuesday

Main Meal—Choose from

Free range roasted chicken or veggie sausage drizzled in a fresh turmeric mild curry sauce

Side of..... fluffy Basmati and wild rice and baked crispy kale

Pudding....fresh seasonal fruit

Wednesday

Chinese 5 spice poached free-range chicken or egg with stir-fried vegetables and noodles

Pudding....Juicy giant orange slices

Thursday

Main Meal—Choose from

Minced beef or lentil with onions and carrots

Side of.....cubed Rosemary potatoes, sautéed seasonal cabbage and broccoli

Pudding....seasonal fresh fruit salad

Friday

Main Meal

Breaded, locally sourced, fresh white fish (catch of the day)

A side ofoven roasted potato chips, peas, chimichum sauce; herbs, garlic, olive oil, mayo ketchup and gherkins

Pudding....zesty lemon cake