

Table of Health Information

Our school nurse has provided us with a table of information produced by the Royal Borough of Kensington and Chelsea Health Education Working Group.

Disease	Incubation Period	Period of Exclusion	School to be Notified
Chicken Pox	14-21 days	6 days from onset of rash	Yes
Conjunctivitis		Until recovery	Yes
German Measles (Rubella)	14-21 days	4 days from onset of rash	Yes
Glandular Fever	30-50 days	Until clinically well	Yes
Hand, Foot and Mouth Disease	3-5 days	During acute phase and while rash and ulcers are present	Yes
Measles	8-15 days	4 days from appearance of rash	Yes
Meningitis	2-10 days	Until certified well	Yes
Mumps	14-21 days	7 days after swelling appeared	Yes
Tuberculosis	14-21 days	Discuss with school nurse	Yes
Whooping Cough	14-21 days	4 days from onset of rash	Yes
Dysentery	1-4 days	Until diarrhoea has stopped	Yes
Non-specific Gastroenteritis	varies	Until diarrhoea has stopped	Yes
Skin Diseases			
Impetigo		While lesions are draining	Yes
Warts (including Verrucae)		No need to exclude sufferer from swimming or PE if foot is covered with a plastic sock	No
Pediculosis (Lice, including head lice)		Until adequate treatment has been given <i>See link above for more advice</i>	No
Ringworm of Body (Tinea)		Not necessary. Seek treatment	No
Ringworm of Foot (Athlete's Foot)		Seek treatment. Keep covered	No
Ringworm of Scalp		Until appropriate treatment is started	Yes
Scabies		Until treatment is started	Yes